



# OCTOBER

## Union High School Lunch Menu

Students may choose one of the following instead of the main entrée:

Uncrustable  
Hoagie  
Chef's Salad

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
|  |   | 1<br>Popcorn Chicken Bowl<br>Or Mexican Pizza                | 2<br><small>Lunch picked by Senior Jackson Renwick</small><br>Italian Sub<br>or Hot Dog                     | 3<br>Stuffed Crust Pizza<br>Or<br>Chicken Nuggets   |
| 6<br>Meatball Sub<br>Or Pulled Pork Totchos                  | 7<br>Macaroni and Cheese w/Popcorn Chicken<br>Or<br>Meatlover's Stromboli | 8<br>Mozzarella Sticks<br>Or<br>Pizzaburger                  | 9<br>Buffalo Chicken Salad<br>Or<br>Turkey Sandwich on a Pretzel Bun  | 10<br><small>Lunch picked by Senior Dejanae Fanning</small><br>Big Daddy's Pizza<br>Or Boneless BBQ Wings |
| 13<br>Sweet and Sour Chicken<br>Or<br>Mini Corn Dogs         | 14<br>Bosco Sticks<br>Or<br>Pulled Pork Nachos                            | 15<br>Loaded Brunch Tots<br>Or<br>Beef Flatbread             | 16<br><small>Lunch picked by Senior Dani McKinney</small><br>Spaghetti and Meatballs or<br>Chicken Sandwich | 17<br><b>NEW</b> - Steak Pizza<br>Or<br>Shrimp Poppers  |
| 20<br>French Toast Sticks with Sausage<br>or Popcorn Chicken | 21<br>Chicken and Waffles<br>Or<br>Ham and Cheese Sub                     | 22<br>Toasted Cheese Sandwich or Chicken<br>Fajita Flatbread | 23<br>Popcorn Chicken Salad or<br>Beef Nachos   | 24<br><b>ALF Day</b><br><b>No School</b>  |
| 27<br>Clux Deluxe Chicken<br>or<br>Turkey Sub                | 28<br>Philly Cheese Steak Sub<br>Or Chicken Fries                         | 29<br>Pizza Crunchers<br>Or<br>Bacon Cheeseburger            | 30<br>Taco Salad<br>Or Ham and Cheese Wedgie  | 31<br>French Bread Pizza<br>Or<br>Chicken Quesadilla  |

Students may choose one of the daily entrée choices which includes the protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables and milk. Students must choose at least 3 of 5 menu components to make a complete meal, one of which must be a fruit or vegetable. Menus are subject to change.